

Doormat or Dictator?

Do you let your child manipulate you when you are trying to discipline?

Are you a pushover? You could be a *doormat*.

Do you lose control of your emotions when you discipline?

Do you make it a point to win every battle? You could be a *dictator*.

The Active Parent works WITH the child respectfully, yet firmly, to avoid battles and get desired results. **Learn how in just two nights!**

Castle Heights Upper Elementary Library
January 11 & 12 - 6:00 - 8:30 p.m.
(If school is out, workshop is cancelled)

*Facilitators: Nancy Guethlein, Castle Heights Upper Elem. Guidance Counselor,
& Beth Petty, Family Resource Center, Lebanon Special School District*

Free Workshop, Refreshments and Childcare!

Free \$15 Parenting Manual for attending both nights!

Sponsored by Lebanon Special School District
and Wilson County School System

Kids make hot chocolate mix!

RSVP to Beth Petty at 453-2693, 804-2460 or pettyb@k12tn.net

For more parenting opportunities, visit: lssd.org